

International E-Care and ICT Institute

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City of Malolos
Philippines 3000
<http://www.ecare.uni.cc>

COURSE TITLE: CAREGIVER TRAINING PROGRAM

NOMINAL DURATION OF THE COURSE: 750 hours lecture + 240 OJT
QUALIFICATION LEVEL: NC II (National Certification)

UNITS OF COMPETENCY:

- Cultural Adaptation
- Mental Hygiene and Personality Development
- Basic Life Support and First Aid
- Child Care
- Elderly care
- Care of People with Special Needs
- Vital Signs (body temperature, pulse rate, respiration and blood pressure)
- Nutrition (Meal Planning and Food Preparation)
- Anatomy and Physiology
- Home Management (House Keeping and Table Setting)

COURSE DESCRIPTION:

The Caregiver instructional program has been designed to provide skills training to individuals who provide care for the infants, toddlers, children, elderly people, and people with special needs. The program is specifically developed to equip the students with professional skills in care giving in a private household or in an institution, local and overseas.

COURSE OUTCOMES:

Upon completion of the program, the students shall be competent in the following:

A. CULTURAL ADAPTATION

This module deals with different information about Canada and other target county's culture, beliefs, geography, demography, industry, government, philosophy and health practices and policies. This module also presents the status and opportunities in the healthcare profession.

B. MENTAL HYGIENE AND PERSONALITY DEVELOPMENT

This module deals with how the caregiver understands himself and his patient as well as his role and expectations. This module also discusses personality enhancement, differences, drive, motivation, problems, solutions, how to deal with frustration and conflict. This is designed to teach how we can adjust and adapt to the dynamic socio-cultural changes and the environment and in the workplace.

C. BASIC LIFE SUPPORT AND FIRST AID

This module deals with the management of emergency situation in workplace particularly in the home and institution setting, giving of appropriate emergency measure and basic treatment, and transportation of client. It also deals with proper observation and application of the principles of health and safety to prevent accidents in the client environment or in the workplace.

D. CHILD CARE

This module deals with different stages of normal growth and development of children, development tasks, its effects, theories and principles, health promotion, disease prevention, and roles and duties as caregiver to child client.

E. ELDERLY CARE

This module deals with the normal physiologic and psychological changes in the ageing process, the study of normal and the abnormal ageing, the theories and principles, and common illnesses and changes affecting the elderly. This includes ITP (Individual Task Practice); where the trainees are given time to perform the different specialized skills in giving care and providing comfort to clients.

F. CARE OF THE PEOPLE WITH SPECIAL NEEDS

This module deals with physiological and psychological changes in disability, and brief review of the anatomy and physiology relative to the disability.

G. VITAL SIGNS

This module deals with how we understand the appropriate skills in taking vital signs, the proper use of the thermometer and its corresponding normal reading, and the correct procedure to get the respiratory and pulse rates. Training is provided for the use of basic diagnostic instruments like the stethoscope, sphygmomanometer, glucose meter, nebulizer, etc.

G. NUTRITION

This module provides trainee with the knowledge of basic food requirements, nutrients, source and exchanges and substitutes, and RDA (Recommended Dietary Allowance), effects of excess and deficiency. This includes ITP as actual demonstration of food preparation and presentation, sample menu, and special diets for various conditions.

I. HOME MANAGEMENT

This module deals with developing the knowledge and skills of the trainees in making the household-client neat, orderly and safe for its occupants. Another consideration is the high-tech household equipments, appliances- its function, care, and operation, procedures in housekeeping and routine care and maintenance.

G. ANATOMY AND PHYSIOLOGY

This module deals with different anatomical structures and physiological information that help trainees understand the total body parts affecting disabilities. It also designed to help trainees in tracing the different diseases common to people.

NOTE: Additional 240 hours for the on-the-job training (OJT). This is conducted at the Provincial Hospital and various care institutions.

Assessment:

- 1 Graded recitation and quizzes
2. Weekly and monthly examination
3. Role-playing
4. Discussion
5. Research work and presentation
6. Reactions
7. Return Demonstration
8. Case/Situational Analysis and reaction
9. Simulation
10. Practical Performance and Examination
11. Individual Task Practice

Entry Requirements for the Caregiver Program:

1. Ability to speak, read, and understand English
2. Must be at least, 18 years old
3. 2 pcs. 2x2 and 2 pcs. 1x1 photo
4. At least second year college level or 72 units in college. This is the equivalent of the Canadian High School graduate.
5. Physically and Mentally Healthy

Additional requirements* (for travel document preparation)

1. RESUME
2. Diploma
3. Transcript of Records (If College Graduate)
4. Certificate of Employment, if any
5. Birth Certificate (Authenticated by NSO)**
6. Marriage Contract (if applicable, authenticated by NSO)**
7. NBI Marked Visa Canada**

- Not immediate requirement; may be prepared in the future;** for Passport issuance.

COURSE TITLE: HOME MANAGER TRAINING COURSE

NOMINAL DURATION OF THE COURSE: 120 CONTACT HOURS

UNITS OF COMPETENCY:

- Basic Cultural Orientation (of target country)
- Basic Emergency Care and First Aid (includes CPR)
- Basic Child Care
- Elderly Care
- Basic Care for Disabled
- Vital Signs (temperature, pulse rate, respiration, blood pressure)
- Good Housekeeping and Meal management
- Table setting
- Basis operation and care of all household appliances (vacuum cleaner, dishwasher, electric stove, gas ranges, microwave ovens, washing machine, etc)

COURSE DESCRIPTION:

This course is designed for the personal and professional development of the trainees, to equip them with skills and knowledge needed in performing the duties of a home manager or domestic caretaker.

COURSE OUTCOMES:

Upon completion of the course, the trainees will be able to understand the duties and responsibilities of a Home Manager or Domestic Caretaker, perform standard first aid and emergency management to children, elderly, disabled persons, and perform good housekeeping and meal management and preparation in the workplace.

ENTRY REQUIREMENTS:

- ◆ At least high school graduate with good moral character.
- ◆ Trainees should also possess positive attitude and mature outlook.
- ◆ With excellent health, pass the medical and psychological examinations.
- ◆ Can speak and understand English and must pass the written and interview exams.

ASSESSMENT:

The trainees should demonstrate their practical skills taught by their trainers, should have adequate knowledge in written and oral examination, and perform all demonstration on all activities. They should have positive attitude towards work. Complete attendance is required during the whole course.

COURSE DELIVERY:

Lectures and discussions are delivered through handouts, visual aids, overhead projector, and other multimedia presentations.

The trainees are assured of above standard quality of learning experiences through the use of effective and highly innovative, creative style of training skills and transfer of learning, supported or assisted by modern facilities available at the training center.